

DEVELOPING A COMPREHENSIVE RESEARCH AGENDA FOR SCHOOL-BASED FAMILY COUNSELING

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PROPOSED LEADERSHIP ROLE OF OXFORD SYMPOSIUM MEMBERS

- The Invisible College
- The International Focus
- The International Journal of SBFC

My proposed list of SBFC research topics

- DRAFT for discussion purposes
- Members should feel free to add to the list, make suggestions
- Goal: Development of an **Oxford Symposium** research agenda for SBFC

WHAT THE LITERATURE SHOWS

- BROAD SUPPORT FOR SBFC ACROSS MENTAL HEALTH DISCIPLINES
- STRONGEST SUPPORT IN SCHOOL COUNSELING LITERATURE
- MOSTLY DESCRIPTIVE/CASE STUDIES

THE SBFC SPECIFICITY HYPOTHESIS

What forms of SBFC work best with what type of students, parents, and families for what problems, as delivered by which helpers under what conditions...

Topic #1A

EVALUATION OF DIFFERENT TYPES OF SBFC DELIVERY PROGRAM

1. **School-sited:** *In-service Training*
2. **School-sited:** *Family Counseling Staff*
3. **School-sited:** *University-School Collaborative*
4. **School-sited:** *Agency-School Collaborative*
5. **Community-sited:** *Agency*
6. **Community-sited:** *Private Practice*

Topic 1B

EVALUATION OF EFFECTIVENESS OF DIFFERENT LEVELS OF SBFC INTERVENTION

- CHILD COUNSELING (FAMILY FOCUS)
- PARENT CONSULTATION
- PARENT/CHILD/REST OF FAMILY
- TEACHER/PRINCIPAL CONSULTATION
- CLASSROOM GUIDANCE GROUPS

SBFC

X

SC

CHILD (FS)

+

TEACHER

CONSULTATION

+

PARENT/CHILD/FAMILY

CHILD

+

TEACHER

CONSULTATION

Topic 1C EVALUATION OF LEVEL OF HELPER EXPERIENCE

- TRAINEE
 - INTERN
 - LICENSED (BEGINNER)
 - LICENSED (EXPERIENCED)
-
- Note: for MFT's in California

Topic 1D

EVALUATION OF THEORETICAL ORIENTATION

- NARRATIVE
- STRUCTURAL
- STRATEGIC
- BRIEF
- BOWENIAN
- EXPERIENTIAL
- COGNITIVE-BEHAVIORAL
- INTEGRATIVE
- ETC

Topic 1D EVALUATION OF DIFFERENT STUDENT LEVELS

- ELEMENTARY
- MIDDLE
- SECONDARY

OTHER RESEARCH DESIGNS NEEDED:

- CAUSAL-COMPARATIVE
- QUALITATIVE (PARTICIPATORY, HERMENUTIC)
- MIXED DESIGNS
- HYPOTHESIS-GENERATING RESEARCH ABOUT WHAT THE THERAPEUTIC INGREDIENTS ARE

TOPIC # 2

WHAT ARE THE INTERNATIONAL FORMS OF SBFC?

- CURRENT LITERATURE IS AMEROCENTRIC
- SURVEY OF INTERNATIONAL PRACTICES
(AS PROPOSED BY HANS EVERTS)
- BROADENING OF THE DEFINITION OF SBFC

TOPIC #3

WHAT ARE THE “NON-TRADITIONAL” FORMS OF SBFC AND HOW EFFECTIVE ARE THEY?

- DR. MARCEL SORIANO ON A NON-TRADITIONAL SBFC INTERVENTION
- THE POWER TO CHANGE PROJECT
- DR. CRISTINA IGOA (TEACHER APPROACH)
- DR. DALE FRYXELL (MENTOR FAMILIES)
- DR. KA CHING YEUNG (Uncle long legs' letter box)

TOPIC #4

WHAT ARE THE MOST EFFECTIVE SBFC TRAINING APPROACHES?

- CHRIS TRAILER, LMFT ON CHALLENGES
- CALIFORNIA STATE UNIVERSITY, LOS ANGELES
SBFC MASTERS DEGREE PROGRAM
- DR. LUPITA ALMONTE'S PERSONALISMO TRAINING PROGRAM

ALMONTE (2005) STUDY

Gain scores (Post-test –Pretest)

Outcome Measure	<u>No. of Family Sessions</u>		p
	<u>2 or more</u>	<u>1 or less</u>	
GRADES	1.00	.21	.0003
CLASSROOM BEHAVIOR	1.20	.40	.02
AT-HOME BEHAVIOR	.90	.25	.001
GAF SCORES	7.80	4.80	.0003

TOPIC #5

WHAT ARE THE MOST EFFECTIVE STRATEGIES FOR DEALING WITH OBSTACLES TO SBFC PROGRAM DEVELOPMENT?

JUDY GIAMPAOLI, LMFT
ON CHALLENGES WITH PRINCIPALS

OTHER CHALLENGES

- THE DIFFICULT COLLEAGUE
- THE DIFFICULT DEAN
- THE DIFFICULT FISCAL OFFICER
- THE DIFFICULT BOARD MEMBER

Suggested Reading List for Dealing with SBFC Administrative Obstacles

- Sun Tsu [The Art of War](#)
- Eric Berne [Games People Play](#)
- Manfred de Vries and Danny Miller [The Neurotic Organization](#)

OXFORD SYMPOSIUM PROPOSAL

- FORMATION OF INTERNATIONAL RESEARCH TEAMS
- PLEASE ADD TO “AGENDA LIST”
- FOLLOW-UP DISCUSSION ON FRIDAY